

LIVING BY *Heart*

EMPOWERING CHILDREN'S CONNECTION
TO UNIVERSAL WISDOM



Therese Evans PhD

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Living By Heart, Empowering Children's Connection to Universal Wisdom
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Dedication

To my husband, Brad Evans,

and my sons

Daniel, Michael and Patrick McGinn

with love and gratitude.





“Our responsibility as parents is to place our children firmly on the journey of spirit. This is the best thing we can do to ensure their success in life, better than giving them money, a secure home, or even love and affection.”

—Deepak Chopra

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"And a Little Child Shall Lead Them."

Isaiah 11:6



What will happen to our children? This often asked question seems to sum up the collective concern of parents. The answer to that question may very well depend on how many of us are willing to embrace the challenge of a slightly different question. "What can happen *through* our children?"

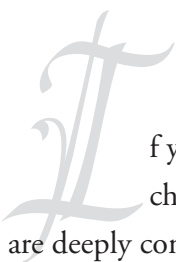
This book is an invitation to truly recognize and honor the child; the child who lives in your home, the child who lives in your heart, and the inner child who still lives deep inside of you. The child's perspective of innocent perception holds the promise of healing for our time – to look with wonder rather than judgment, to celebrate connection rather than impose separation, to return from doubt and fear to confidence and love.

To this peaceful end, I invite you to consciously connect to your own inner child as you explore a new perspective in the upbringing of children; one that nurtures and celebrates the Divinity within them.

Imagine if you could give your child a precious gift, a spiritual toolbox that would help him navigate every circumstance of his life. There is such a gift for each and every child... you can both empower your child's Divine connection and teach him the wisdom of spiritual law. These powerful principles illuminate key spiritual concepts in young minds and connect children with the creative power of the Universe.



The Question



If you are reading this book, you love a child. She has captured your heart, and you are deeply committed. You schedule, juggle and sacrifice in order to give her the best possible life. But have you asked your child life's most important question? Have you even asked it of yourself? If not, then despite all of your good intentions, you may be extinguishing the most precious and powerful part of her. Let me explain through the eyes of a child.

This is me, at age nine. It is 1963. I'm sitting in the second row of my fourth grade classroom, one of thirty-two children, and I have just been asked to make good use of my time for the rest of the school day. It is 1:15 in the afternoon.

My homework is finished. With nothing to do, I worry about the moral dilemma before me. If I pretend to be busy, God might think me dishonest. If I don't look busy, my teacher will think I am wasting time. My mind settles